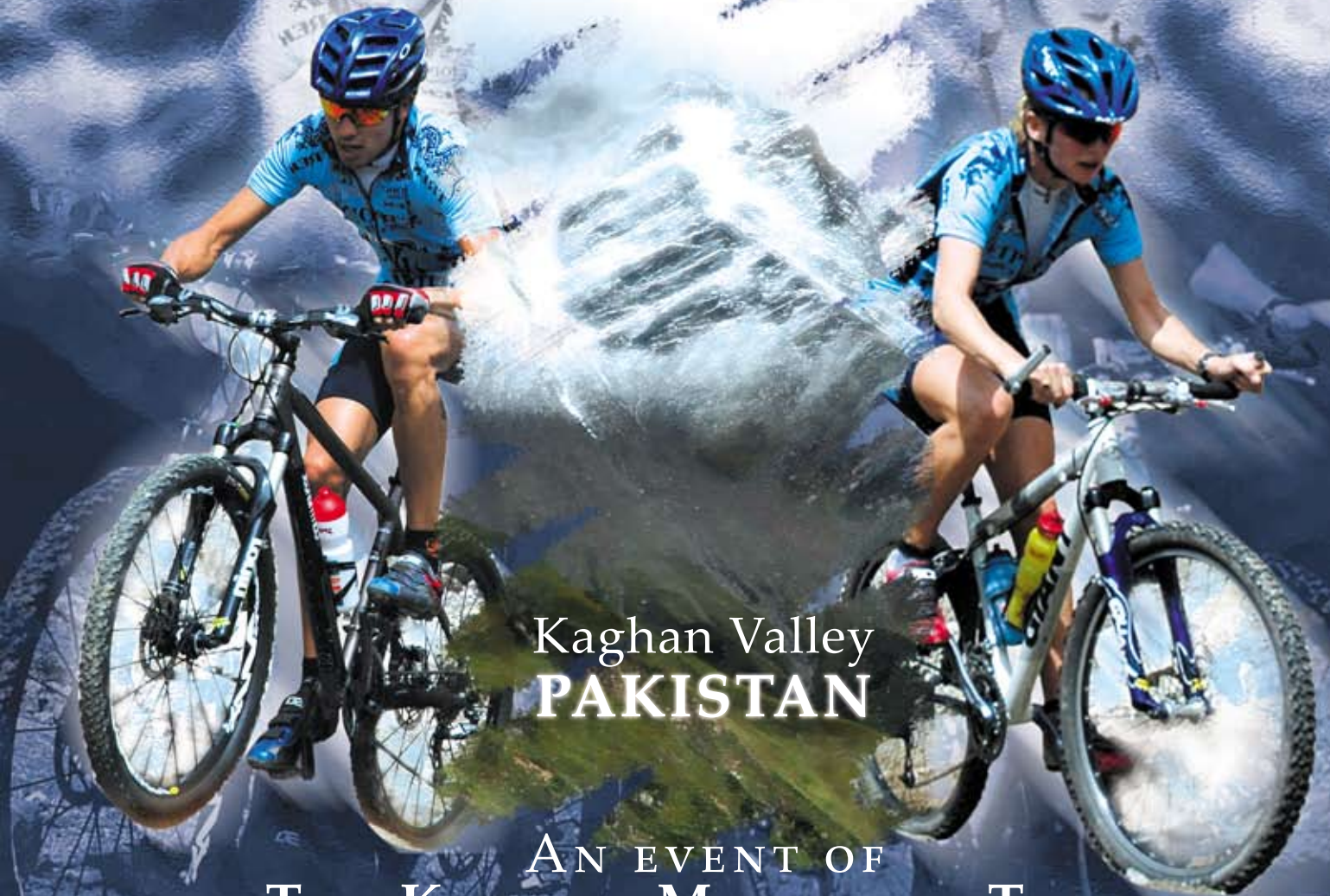




Ministry of Tourism
Government of Pakistan

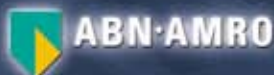
TOUR OF THE HIMALAYAS

International Mountainbike Race
& Mountainbike Tour



Kaghan Valley
PAKISTAN

AN EVENT OF
THE KAGHAN MEMORIAL TRUST
TEAM PROFILES



Marty Krieg

- South Australian XC Championship, 2007
 - Round 1: 4th place
 - Round 2: 5th place
- 2nd, Quad Team Category, Southern Australian 12 Hour MTB Championship, 2006
- 7th, Series Overall, Southern Australian XC Championship, 2004

Merridy Pearce

- 1st, Female 12 hour Mountain Bike Race, Bike SA, Adelaide, 2007
- 5th, South Australian Women's Road Championship, Adelaide, 2007
- 3rd & 5th, Elite Female South Australian Mountain Bike Series Races, Adelaide, 2007
- 1st, Female 12 hour Mountain Bike Race, Bike SA, Adelaide, 2006
- 1st, x 3 races, Female, 30 – 40 years, South Australian Mountain Bike Series, Adelaide, 2006
- 2nd, Female 30– 35 years, Road Race, Australian Masters Games, Adelaide, 2005
- 3rd, Female 30 – 35 years, Road Time Trial, Australian Masters Games, Adelaide, 2005
- 3rd, Female 30 - 35 years, Road Criterium, Australian Masters Games, Adelaide, 2005
- 1st, Female 12 hour Mountain Bike Race, Bike SA, Adelaide, 2004

Nigel Willoughby

- Various places in Riverland Cycling Club road and criterium events, 2005-2007
- 1st, 12 hour mountain bike race – Mt Torrens, South Australia (duo team), 2004
- 3rd, mountain bike time trial – Silverton, New South Wales, 2004
- 3rd, Poker Race (mountain bike) – Broken Hill, New South Wales, 2004
- 1st Overall (senior men), South Australian mountain bike series, 2003
- 1st, 24 hour mountain bike race – Fox Creek, South Australia (quad team), 2003
- 3rd, 12 hour mountain bike race – Mt Torrens, South Australia (quad team), 2003
- 2nd, Australian International Pedal Prix (Open Team Event), 2002
- 1st, Australian International Pedal Prix (Open Team Event), 2001
- 1st, Australian International Pedal Prix (Open Team Event), 2000

Rebecca Ormsby

- 3rd, XC South Australian State Series (Elite Women), 2004
- 1st, XC South Australian State Series (Senior Women), 2003
- 1st, Overall Australian University Games, 2003
- 1st, Australian University Games (Downhill Mountain Biking), 2003
- 1st, Australian University Games (Dual Slalom), 2003
- 2nd, Australian University Games (Cross Country Mountain Biking), 2003
- 2nd, Australian University Games (XC Short Course Mountain Biking), 2003
- 3rd, XC South Australian State Series (Senior Women), 2002
- 1st, South Australian Open Road Championships, 2002
- 1st, Australian International Pedal Prix (Open Team Event), 2000
- 2nd, XC South Australian State Series (Sports Women), 2000
- 5th, Downhill National Series (Sports Women), 1998

Sam Warden

- Various places in Norwood Cycling Club graded criterium and road races, 2003-2005
- 16th, South Australian mountain bike series (Veterans A), 2005
- 6th, mountain bike time trial – Silverton, New South Wales, 2004
- 6th, Poker Race (mountain bike) – Broken Hill, New South Wales, 2004
- 3rd 12 hour mountain bike race – Mt Torrens, South Australia (quad team), 2003
- 1st 2001 Australian International Pedal Prix (Open Team Event), 2001



Chris Burr

- 2nd, Expert Men, New Zealand Mountain Bike Championships, 2007
- New Zealand record holder for Christchurch to Nelson 444km road race, Expert Men, 2007
- 1st Expert Men, 2nd Overall, Rainbow Rage Single speed (new record) New Zealand, 2006
- 1st, Team Rotorua 12hr MTB race, New Zealand, 2006
- New Zealand Red Bull team 'Giants of Rio', Brazil, 2005
- 3rd, Karapoti Classic, New Zealand, 2005
- 3rd, New Zealand Mountain bike Series, 2005
- 4th, New Zealand Mountain bike Championships, 2005
- 1st, Hammer Hammer Head MTB race, New Zealand, 2005
- 1st Solo men Nelson 12hr MTB race, New Zealand, 2004
- 3rd, New Zealand Mountain bike Championships, 2002
- New Zealand World Championships Mountain Bike team 1995, 1996

James Hampshire

- 2nd, Twentyfour12, 12 hour male team, 2007
- 7th, Dragon XC round 2. Sport men, 2007
- 8th, Dragon XC round 1. Sport men, 2007
- 1st, Bristol Bike Fest. 12 hour mixed team, 2007
- 3rd, Dusk till Dawn. 12 hour mixed pairs, 2006

Michelle Bergstrand

- 2 Time Scottish MTB Champion
- 2 Time British National Masters Points Champion
- 4 Time 2nd, National Masters Championships
- 3rd, National Cyclo Cross Championships
- RD2 winner NPS Masters, 2007
- 2 Time NEMBA XC Champion Sport/elite, 1988-2007
- 2nd, Welsh derne Track Championships
- 2 Time 4th Overall NPS Elite
- 2 Time 3rd, National Cyclo Cross Points
- 3 Time UK Police MTB Champion
- 3rd, European Police Road Race Champs Austria
- Numerous top 5 results in National Cyclo Cross Series/Championships
- Numerous top 10 results in National Womens Road Race Series
- Represented Great Britain in the World MTB XC Championships, 1993

Nadine Spearing

- 1st, British Marathon 50km Series, 2007
- Current Rank No.1, British XC Expert Category, 2007
- 1st, British Marathon 50km Series, 2006
- 1st, British XC Series Sport Category, 2006
- 3rd, "Mountain Mayhem" 24 hour Solo, 2006
- 2nd, "TwentyFour12" 12 hour Solo, 2006
- 2007 Team and Sponsors: xcracer.com/Trek

Robin Reid

- Represented New Zealand in the Commonwealth Games, Melbourne, 2006
- 2nd, New Zealand Time Trial Championships, 2006
- 3rd, New Zealand Road Championships, 2006
- New Zealand Time Trial Champion, 2005
- Represented New Zealand in the Athens Olympics, 2004
- 2nd, New Zealand Time Trial Championships, 2004
- 2nd, Tour of Wellington, 2004
- 3rd, New Zealand Road Championships, 2003
- 1st, Tour of Tahiti, 2003
- 1st, Tour of Wellington, 2002





Catherine Vipond

- **Member of Canadian National Team at MTB World Championships, 2006**
- **7 time Ontario Provincial MTB Champion**
- 3rd, Canadian MTB Championships 2007
- 6th Overall, Canada Cup MTB Series 2007
- 2nd, Canadian MTB Championships 2006
- Member of Canadian National Team at MTB World Championships 2003 (juniors)



Chris Reid

- **BC Cup Track Leader, 2007**
- 3rd, BC Track Cup #1, 2007
- 2nd, BC Track Cup #3, 2007
- 10th, Race of Future Heroes Criterium, Richmond BC, 2007
- 4th, International Points Race Easter Sunday Grand Prix, Trinidad, and Tobago, 2006
- 7th, 10 Mile, Southern Games, Trinidad and Tobago, 2006
- 4th, St. Paul Time Trial, Minnisota, 2006
- 5th, Coastal Cyclo-Cross Race, 2006
- **Pacific Sport National Training Centre Bronze Athlete, 2002-2004**
- **Canadian National Team Pursuit Champion, 2003**
- **3x Ontario Provincial Champion**
- 3 time top 5 Canadian National Cyclo-Cross Championships



Jonathan Gormick

- 1st Overall, BC Cup Track Race #3, 2007
- 8th Overall GC, Fantastic Four Stage Race, 2007
- 1st, Bastion Square Criterium, 2006
- 1st, Gary Lund Memorial Road Race, 2006
- 2nd, Cowtrail Classic BC Cup Cross Country, 2006
- 3rd Solo, Dirty Duo, 2006
- 5th, Future Heroes Criterium, 2006
- 12th, BC Provincial Cyclocross Championships, 2006
- BC Provincial Cycling Team Member
- Canadian National Rowing Team Member
- 3 time Gold, BC Summer Games, Cycling



Marg Fedyna

- 2nd, Women's Team, Tour-Transalp (road), 2007
- 3rd, Women's Team (five 1st place stage wins), Bike-Transalp (mountain bike), 2007
- La Ruta de Los Conquistadores Champion, 2006
- 6th, UCI World Cup Marathon Series, 2006
- Alberta Provincial Mountain Bike Champion, 2006
- **World Solo 24-Hour Mountain bike Champion, 2005**
- Transrockies Champion, Mixed Team, 2004
- 28-Day Adventure Race across the length of New Zealand, 2001
- 2nd, Solo Woman, Top Canadian Team, Eco-Challenge Patagonia Argentina, 1999

Britta Martin

- 1st, Women's Category, Tour of Islamabad Road Race, 2007
- 1st, Drei-Länder-Giro Racing Bike Marathon, Austria, 2006
- 1st, Team, Regional league, 2006
- 2nd, International Allgäu Triathlon Half Ironman, 2006
- 2nd, Women's Category, Tour of The Karakurrams MTB Race, 2006
- 1st, Drei-Länder-Giro Racing Bike Marathon, Austria, 2005
- 2nd, Alpen-Challenge Racing Bike Marathon, Switzerland, 2005
- 3rd, Tirol-West Trophy, Racing Bike Marathon, Kaunertaler Glacier, 2005
- 1st, Triathlon Munich, 2002
- 3rd, Bavarian Championship, 2002
- 7th, International German Championship, Half Ironman, Kulmbach, Germany, 2002



Oliver Stock

- 1st, Hamburg MTB, 2007
- 2nd, Ralsdorf MTB, 2007
- 1st, North German Cyclocross Championships, 2006
- 2nd, Speditørløbet Bov Road Race, Denmark, 2006
- 3rd, Harz MTB, 2006
- 2nd, Klingberg MTB, 2004
- 1st, North German Cyclocross Championships, 2004



Isabel Puchinger

- 1st, Team Time Trial "BMW-Munich" 2006
- 1st, Team, Bavarian-league Triathlon, 2006
- 7th, Ironman Triathlon, Switzerland, 2005
- 1st, Individual, Bavarian League Triathlon, 2004



Karsten Keunecke

- 1st, Knüllwald MTB, 2007
- 2nd, La Palma MTB, Spain, 2007
- 3rd, Siedelsbrunn MTB, 2007
- 3rd, Saalhausen MTB, 2007
- 1st, Walpersdorf MTB, 2005
- 1st, Kohlscheid MTB, 2005
- 1st, Grafschaft MTB, 2005
- 2nd, Saalhausen MTB, 2005
- 3rd, Würselen MTB, 2005
- 1st, Siegburg MTB, 2004
- 2nd, Kohlscheid MTB, 2004



Timo Scholz

- 3rd, European Championships, 2006
- 8 international wins around the world, 2006
- 2nd, German Cycletrack/Motorpace Championships, 2006
- 2nd, German Cycletrack/Motorpace Championships, 2005
- 3rd, German Cycletrack/Motorpace Championships, 2004



Casper Helling

- **Winner of 7 criteriums in Holland**
- Top 10 in the Tour of China
- Top 10 in the Tour of Tunisia
- Several ATB-marathons

Casper Helling is also a World Champion Speedskater. Some of his outstanding speedskating accomplishments include:

- **World Hour Record Holder, Ice Speedskating (41,969m)**
- **Dutch National Champion, Speedskating on Natural Ice (100km)**



Francis Helling-Linthorst

- **1st, Dordrecht, Dutch Champion Team Timetrial**
- 3rd, Mountain-clasement in Tour de Bretagne, 2005
- 6th, Holland Hills classic, 2005
- 5th, Tour de Bretagne last stage, 2005
- 5th, Trophee D'or last stage, 2005
- Raced all the world-cups in Europe from 1999 to 2005
- Rode twice le Tour Féminin



Janneke Vos

- **1st, Dutch National Championship Road Race, 2005**
- 2nd, Race Geldrop, 2005
- 3rd, Classic race Ronostrand, 2005
- 2nd, Classic race Parel van de Veluwe, 2004
- 2nd, Tour de Okinawa (Japan), 2001
- **1st, Tour de Okinawa (Japan), 1999**
- World Cups (Milan, Waalse Pijl, Vlaanderen, Rotterdam, Spain, Montreal, Philadelphia)
- National Championships
- World Championships (Juniors)
- Stage races (L'Aude, Bira, Montreal, Holland Ladies Tour)



Leendert (Lex) Arie Nederlof

- 7th, General Classification, Tour of Siam, 2007
- 4th, Stage, Tour of Peru, 2007
- 1st, Ronde van Noordwijkerhout, The Netherlands, 2006
- 1st, Ronde van Oudenbosch, The Netherlands, 2005
- 1st, Ronde van Kwintsheul, The Netherlands, 2004
- **1st, General Classification, Fleche du Sud, Sprint Jersey, Tour of Sweden**



Rob van der Werf

- 9th, Dutch Championship Marathon, 2006
- 1st, Zewieties bike event (100k), 2007
- **1st, District South Netherlands XC, 2007**
- **3rd, Dutch Student Championships XC, 2007**
- 6th, Les Cimes de Waimes, 2007
- 7th, Marathon Ardenne Trophy, 2007





Pakistan State Oil



Mie Brix Hansen

- 3rd, Danish National CycloCross Championships, 2007
- 1st, Danish National Women's CycloCross, 2006
- 4th, Danish National Mountainbike Championships, 2006
- 1st, Thorsager Road Race, Denmark, 2006
- Numerous podium placings during the last 7 years of riding



Anne Teglhuis Simonsen

- 2nd and 3rd, Ghostcup MTB cup 2007
- 24 hour MTB race, Aalborg 2007
- 2nd, DCU MTB race, Silkeborg 2006



Adnan Khan

- 1st, Independence Day Road Race, 50 Kms., 2007
- Karachi - Hyderabad Road Race, 2007
- Bronze Medal, Second Interprovincial Games, Elimination Race in Velodrome, 2006
- Karachi- Hyderabad Road Race, 2006
- National Games Quetta, 2005



Muhammad Asif

Kerstin Brachtendorf

- 2nd, Women's Team, Bike-Transalp (mountain bike), 2007
- 2nd, European MTB-Masters-Championship, 2007
- 2nd, MTB-Marathon Garmisch-Partenkirchen, 2007
- 3rd, Women's Team, Tour-Transalp (road), 2007
- 3rd, Women's Team, Cape Epic (mountain bike), 2007
- 3rd, Bike-Marathon Riva del Garda, Ronda Extrema, 2007
- 3rd, Bike-Marathon Willingen, Longdistance, 2007
- 1st, Women's Team, Cape Epic (mountain bike), 2006
- 1st, Roc d'azur Marathon, 2006
- 1st, Trek-Challenge, 2006
- 1st, MTB-Marathon Oberstdorf, 2006
- Winner World Mountainbiking Games, Saalbach-Hinterglemm, 2005



Imran Sharif

- Represented Pakistan in the 18th Commonwealth Games, Australia, 2006
- 3rd, Peshawar-Islamabad Road Race, 2005
- 3rd, Tour De Pakistan International Cycle Race, 2005



Sabir Ali

- 1st, SSGC Cycle Race, 150 Km, Karachi to Hyderabad, 2007
- Participated in the 13th Tour De Pakistan International Cycle Race, Karachi to Peshawar, 2007



Niamat Ali

- Participated in the 13th Tour De Pakistan International Cycle Race, 2007
- 2nd, Champion of the Hills Cycle Race, Rawalpindi to Murree, 2006
- 1st, Sindh-Balochistan 100 KM Cycle Race, 2005
- Participated in the National Games, 2001



Brenda Clapp

- 2nd, New Zealand Mountain Bike Series, 2007
- 3rd, New Zealand Mountain bike Championships, 2007
- 1st, Crater Rim, New Zealand, 2006
- 1st, Rainbow Rage, Single Speed, New Zealand, 2006
- 1st, Graperide, Tandem, New Zealand, 2006
- 5th, Quebec Cup, 2006
- 1st, New Record, Christchurch to Nelson (444 km.), New Zealand, 2005
- 1st, Women's Team, Hammer Head 12 hr, New Zealand, 2005
- 2nd, Hammer Hammer Head, New Zealand, 2005
- 1st, Rainbow Rage, Single Speed, New Zealand, 2005
- 4th, New Zealand National Championships, Women's Elite, 2004
- 1st, Top of South, Cross Country Series, New Zealand, 2004
- 1st, Tour de Peaks - Peak to Creek, New Zealand, 2004
- 1st, Karapoti Classic, New Zealand, 1999
- New Zealand World Championships Mountain Bike team 1995, 2000, 2001, 2006
- New Zealand Oceania's Mountain bike team 1997-2007
- New Zealand Universities Mountain bike team 1995-2000





Alec Petro

- **2nd Place 4 man Team, Race Across America, 5 days 21 hrs, 2006/2007**
- **1st Place Masters 40+, 24 Hour World Solo Mt. Bike Championships, Atlanta, GA, 2006**
- 1st, Overall, Jay Winter MTB Challenge, 2007
- 1st, Masters, , Mt. Equinox Hill Climb, 2007
- 1st, Masters 40+, 5th Place Overall, Jay MTB Challenge, 7/2007
- 1st, Masters 40+, Landmine MTB Classic, Hingham MA, 8/2007
- 10th, Masters 40+, World Long Course Duathlon Championships, Barcis Italy, 5/2005
- 3rd, 40-44 Age Group, Xterra Triathlon World Championships, Maui, HI, 10/2004



Greg Robidoux

- Several top 10 finishes in 2007
- 1st, Fall River Criterium 2006
- 1st, New Britain Criterium 2006
- Multiple time Winner of the Charlie Baker Time Trial Series 2005-2006
- 1st, Canton Cup Classic 2005



Jennifer Shultis

- **US National Adventure Racing Champion, 2006**
- **NYARA Female Adventure Racer of the Year, 2004-2006**
- **Over 35 Adventure Race Wins and over 60 top 3 finishes**
- Xterra Age Group Regional Champion, 2003 & 2004

Jennifer comes from a background of not two wheels or even two legs, but four! She grew up training and competing jumping horses until she bought a road bike to train for her first triathlon in 2001. She was hooked and quickly jumped into mountain biking and off-road triathlons. But it was adventure racing that truly captured her interest. In a few short years, Jennifer has become one of the top adventure racers, rarely off the top spot on the podium. To read up on her adventures, please visit,

<http://teameasternmountainsports.blogspot.com/>



Joe Cruz

- 5th, 24 Hours of Moab, duo, 2006
- 3rd, Jay Peak Race, 2005
- 3rd, Vermont 50 mountain bike race, 2005
- 5th, 24 Hours of Moab, duo, 2005
- 1st, Team, 24 Hours of Adrenalin, 2003

Rozanne Puleo

- **USA Cycling National Champion – Mountain Bike Super D, Women's Open, 30-39, 2007**
- Bronze Medalist, Connecticut State Cross Country Mountain Bike Championships, 2007
- Currently in 5th place in Root 66 Championship Series, 2007
- 2nd, NORBA USA National Series Expert Super D, 30-39, 2006
- 1st, Female Sport Short Track, Sea Otter Classic Monterey, CA, 2006
- 14th, Elite females, World 24 Hour SOLO Mountain Bike Championships, Whistler, BC, 2004

